

SCHEDULE FOR CARLSON GRACIE WINE COUNTRY

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
8:00 am to 9:15 am						Adult / Teen ©1 Coach Gene
9:00 am to 10:30 am		Adult / Teen GI Coach Laurence		Adult / Teen Noci Coach Sal	Adult / Teen (90 mins. of Sparring)	
9:30 am to 10:30 am		Women Gl Coach Gene	Women G. Coach Gene			Kids All Ages GI Coach Gene
4:15 pm to 5:15 pm		Kids (4-6 yrs) Gl. Coach Turner Coach Jon		Kids (4-6 yrs) NOCI Coach Turner Coach Jon		
5:15 pm to 6:15 pm	Kids Fundamentals (7-12 yrs) G Coach Turner Coach Jon Advanced Kids (7-12 yrs) G Coach Gene	Kids (7-12 yrs) GI Coach Gene	Kids Fundamentals (7-12 yrs) GL Coach Turner Coach Jon Advanced Kids (7-12 yrs) GL Coach Gene	Kids (7-12 yrs) NOGI Coach Gene		
6:30 pm to 8:00 pm		Women Gl Coach Gene		Women NOGI Coach Gene		
6:30 pm to 8:00 pm	Adult / Teen GI Coach Gene	Adult / Teen Gl Coach Dave	Adult / Teen GI Coach Gene	Adult / Teen		

